



Habits: Friend or Foe?

Are your daily habits creating the life you want or keeping you trapped in the life you have? Find the energy and focus you need to create the life you want – financially, emotionally, physically, and spiritually. Uncover the ways you sap your own energy and sabotage yourself and use the unharnessed power of your brain to empower and energize yourself. Learn the skills you need to break the patterns holding you back and create lasting and powerful change in your life. Our *Habits Friend or Foe?* workshop has helped hundreds of individuals apply the Centergy™ approach and to make a positive difference in their lives.

"I recently completed the Habitual Behavior Self-Assessment and spent over an hour discussing my results afterward. As a psychologist and professional educator, I have taken quite a few self-assessment tools in various contexts over the years, and I can honestly say that I was pleasantly surprised at how this one stands out for me. I could tell right away from the questions it asked, that the developers must have exceptionally keen insights into common but unhealthy patterns of thinking, acting and reacting. This assessment really helped give me some language and new ideas to improve several of the almost "automatic" and destructive ways that I relate to myself and others in my life. The experience was invaluable as it has provided me with profound new directions for my ongoing personal growth. Thank you DTP-Leadership!" Nancy D. Educational psychologist and program evaluator

Liz Cloud and Jackalyn Rainosek, PhD have both addressed habitual patterns of behavior and seen how these patterns impact people's lives, the lives of those around them, their families and friends and even those they work with. Liz and Jackalyn have over eight decades of experience working with individuals as they systematically identify their habitual behaviors and apply the Centergy™ approach. The Centergy™ approach is a unique, and highly interactive process that promotes practical, actionable, and immediate results.

After this course you will be able to:

- Identify your areas of strength and areas of improvement
- Harness more of the unused power of your brain to facilitate changes you want to make
- Better communicate with your family and friends
- Commit to creating a better life for yourself
- Act with courage and commitment to do things differently
- Transform your values into actions
- Instantly implement changes weekly

**Join us for our Upcoming Habits: Friend or Foe
Teleconference Workshop February 5 – March 26, 2018**

The Program provides:

- Eight, one and a half hour conference calls
- Expert, professional facilitation
- Online Habitual Behavior Self-Assessment
- Full course materials that will clarify habitual behavior
- Participation from the comfort of your own home
- Practical tools to establish new patterns
- Customized transformation action plan

DTP-Leadership Group, LLC

Disrupt the Present in Service of the Future

T: 713.202.6884 or 713.705.1217 E: info@ntp-leadership.com Website: www.ntp-leadership.com

Your investment:

• Habitual Behavior Self-Assessment	\$ 199.00
• Habitual Behavior Report	\$ 299.00
• Course Materials for 17 Assessment Areas	\$ 42.00
• The Habits: Friend or Foe? Workshop	\$2,460.00
Total Value.....	\$3,000.00

Registration by January 22, 2018..... \$ 790.00

(Note: We are able to pass on savings from our partners)

Early Registration Value due by January 15, 2018 \$ 540.00

We have limited space available. Final day to register is January 22, 2018

Refunds will only be given if we receive your written notice of cancellation within 10 business days of receiving your full payment for the *Habits: Friend or Foe* Workshop for which you registered. Otherwise, your full payment will be applied as a credit towards a future workshop good for one year only. All registrations include a non-refundable \$90.00 registration charge per person.

To Register...

Phone: 713-705-1217 or 713-202-6884 Fax: 713-520-7782 Email: info@dtp-leadership.com

Mail Payments to: DTP-Leadership Group, LLC 4726 Yoakum Blvd. Houston, TX 77006

Name

Title Company/Division.....

Business Address

City State/Province Zip/Postal

Country Email

Telephone Fax

Don't miss out! Register NOW!

Need to help with your organization?

If you have a group of three or more participants, we can conduct the *Habits: Friend or Foe* on-site at your organization. We will schedule the sessions whenever and wherever you want them. Your work group can receive personalized solutions to your business challenges.

FOR MORE INFORMATION:

Call 713-202-6884 or 713-705-1217

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